

# Halton Brook & Halton Lodge Children's Centres

Activity Timetable

January - March 2018

Halton Brook: 01928 573265

Halton Lodge: 01928 573107

Our timetables are correct at the time of printing. Some activities may be subject to change, so please check our Facebook pages or ring before attending. Some activities may have limited spaces, these will be offered on a first come first served basis.

# HALTON Brook & HALTON Lodge Children's Centres

**Are you registered or new to our services?** Registration is very quick and easy. Its also FREE! If you have recently registered or haven't used our centres before and would like to come and have a chat with a team member and a look around our centres, please give us a call. A children's centre worker may also be able to visit you at home. Please call for information.

**Light Room, Soft Play & Play Room** - bookings are taken daily for these rooms at our centres. Great for rainy days! Please call to arrange your day & time. It's FREE!

**Families Information Service** - Offer information about Ofsted registered childcare providers in your local area including childminder and nursery prices and vacancy information. Please contact them on 0151 511 7375.

**Do you have a 2 year old?** - You may be eligible for up to 15 hours of FREE childcare per week. To find out if you are eligible, you can speak to a member of the children's centre team or contact 0151 511 7395.

**Healthy Start Vouchers & Vitamins** - Come to the children centre to collect an application form, to find out if you qualify to receive Healthy Start vouchers. You will then need see your midwife or Health Visitor to get the form validated. Vouchers can be used to buy fresh or frozen fruit and veg and milk. If you qualify, you can also get FREE vitamins for your 0-4 year old by presenting your voucher at any Halton Children's Centre. If you don't receive Healthy Start Vouchers, vitamins can still be purchased from the centres for £1.50 per bottle.

**Community Cafe** - The Cafe at Halton Lodge serves healthy meals and snack at low prices Monday-Friday from 11.30-2.00pm. Main Meal £2.25, Child meal £1.50 and Baby Weaning Food 60p. Everyone Welcome! Why not pop along before or after your favourite session?

**Baby Clothes Swap Shop** - In addition to children's clothing clothes, we also accept donations of nappies, baby toiletries, jars / packets of unopened baby foods, toys and baby equipment in good, clean condition. If you have a larger item to donate, Please contact Mo as we don't have storage for lots of big items.

**Runcorn Food Bank** - The children's centres may be able to help you access the food bank, which provides emergency food parcels for families in crisis. You must have ab under 5 to receive a voucher at the children's centre. Your situation will be dealt with sensitively and confidentially. Please contact us for further information or support,



**Breast Feeding  
welcome at  
all activities**



**LIKE US ON FACEBOOK** - follow your children's centre on Facebook for updates and info direct to your Facebook wall.

[www.facebook.com/haltonbrook](http://www.facebook.com/haltonbrook) or [www.facebook.com/haltonlodgccc](http://www.facebook.com/haltonlodgccc)

**Halton Brook: 01928 573265**

**Halton Lodge: 01928 573107**

## Timetable Monday - Wednesday

Day	Time	Activity	Venue	Suitable for	Notes
Monday	9:30am - 11:30am	Family Health Drop In	St Paul's Health Centre	Parents/ Carers and children	Drop in. Baby weighing and health visitor advice / support for parents of children 0-4 years.
	10:00am - 11:30am	Play Days	Halton Lodge Children's Centre	Parents / Carers and children 0-5 years	Play activities, songs & snack. Drop In, Places may be limited.
	1:00pm - 2:30pm	<b>NEW!</b> Lets Get Cooking!	Halton Brook Children's Centre / Holy Spirit Church Hall	Parents/Carers and children 0-5 years	Make healthy food using simple recipes and learn how to reduce food waste at home. Limited places and crèche places available. Call Mo to register your interest.
Tuesday	10:00am - 11:30am	Baby Massage	Halton Brook Children's Centre	First Time Parents and babies up to 6 months old	A session where parents / carers can relax, bond and learn to massage your baby. Please call to book a place.
	1:00pm - 2:30pm	Childminders Play Session	Halton Lodge Children's Centre	Registered childminders and minded children	Drop in play session for registered Childminders and minded children. All children must be registered.
	1:15pm - 2:45pm	Wicksten Drive Stay and Play	Wicksten Drive Christian Centre	Parents /Carers and children 0-4 years	Play activities, songs and snack. Drop in, places may be limited.
	3:30pm - 5:00pm	First Time Parents Baby Massage	Halton Lodge Children's Centre	First Time Parents and babies up to 6 months old	A session for First Time Mums & Dads to relax, bond and learn to massage your new baby. Please call to book a place.
Wednesday	9:30am - 11:30am	Baby Grow Keepsakes	Halton Lodge Children's Centre	Parents/Carers	Use a baby grow to make a special keepsake for your baby over this 10 week course. Crèche available, places limited. Call to book. Starts 10.01.18
	9:30am - 11:30am	<b>NEW!</b> Confident You!	Halton Lodge Children's centre	Parents/Carers	A fun and relaxed 5 week course for those who would like to increase their confidence and self-esteem. Crèche available, places limited. Call for dates and booking.
	9:30am - 11:30am	Baby Clothes Swap Shop	Halton Lodge Children's Centre	Parents / Carers /local professionals working with families.	Donate / Swap or take baby clothes for ages 0-4 years. Donations should be in good, clean condition. Call Mo for info.
	9:30am - 11:30am	HELPS Equipment	Halton Lodge Children's Centre	Families wishing to buy discounted safety equipment	Baby Gates, First Aid Kits etc. Drop in / Call for info.
	9:30am - 11:30am	Childminders Play Session	Halton Brook Children's Centre	Registered childminders and minded children	Childminders and children must be registered. Drop In
	10:00am - 11:30am	Introduction to Solid Foods	Halton Lodge Children's Centre	Advice and Support	Come and find out all you need to know about starting your baby on solid food. Call 0300 029 0029 to book on a session. Upcoming dates 2nd February & 11th April 2018. More dates available at other venues.
	1:00pm - 2:00pm	Breastfeeding Support Group	Halton Lodge Children's Centre	Breastfeeding Mums / Mums to be	Drop in for breastfeeding advice and support or call 0300 029 0029
	1:30pm - 3:30pm	Family Health Drop In	Castlefields Health Centre	Parents/Carers and children	Drop In. Baby weighing and health visitor advice / support for parents of children 0-4 years.

## Timetable Thursday - Sunday

Day	Time	Activity	Venue	Suitable for	Notes
Thursday	9:30am - 11:00am	Terrific 2's	Halton Lodge Children's Centre	Parents /Carers and children 20-28 months.	A course for parents and children aged 20-28 months covering play, behaviour tips, potty / toileting advice, sleep, diet and other issues common to 2 year olds. Please call Julie for dates and booking.
	9:30am - 11:00am	Castlefields Stay and Play	Castlefields Community Centre	Parents / Carers and children 0-4 years	Play activities, songs and snack. Drop in, places may be limited.
	1:00pm - 3:00pm	Family Health Drop In	St Paul's Health Centre	Parents/Carers and children	Drop In. Baby weighing and health visitor advice / support for parents of children 0-4 years.
	1:00pm - 2:30pm	Baby & Me	Halton Brook Children's Centre	Parents and babies able to sit approx. 4-12 months old	Play activities, songs and fun for little under ones. Drop In, places may be limited.
	1:00pm - 2:30pm	Baby Massage	Halton Lodge Children's Centre	First Time Parents and babies up to 6 months old	A session where parents / carers can relax, bond and learn to massage your baby. Please call to book a place.
	2:00pm - 4:00pm	Breastfeeding Workshop	Halton Lodge Children's Centre	Expectant Mums from 28 weeks pregnant.	1st Thursday of each month. Call 0300 029 0029 for booking and info
	2:30pm - 4:00pm	First Time Family	Halton Lodge Children's Centre	First Time Parents and babies up to 6 months old	Come and meet other first time parents, get support, advice and enjoy a cuppa! Drop in and join us or Call Angela or Beccy for more info.
	Friday	10:00am - 11:00am	Musical Mayhem	Wicksten Drive Christian Centre	Parents / carers/ Childminders and children 0-5 years.
10:00am - 11:30am		Baby & Me	Halton Lodge Children's Centre	Parents and babies aged 4-12 months	Play activities, songs and fun for little under ones. Drop In, places may be limited.
1:00pm - 2:30pm		Play Days	Halton Lodge Children's Centre	Parents /Carers and children 0-5 years.	Play activities, songs & snack. Drop in, places may be limited
12:30pm - 2:30pm		EYFS - Early Years Foundation Stage	Halton Brook Children's Centre	Parents / Carers	Learn how to support your young child's learning and development. Crèche available, places limited. Starts 12.01.18. Please call to book.
12:30pm - 2:30pm		Help Your Child with English	Halton Brook Children's Centre	Parents / Carers	Tips and Ideas about how to support your child with early reading, writing, speaking and listening. Crèche available, places limited. Starts 23.02.18. Please call to book.
Other		10:00am - 12:00pm	Dads Corner	Norton Priory Museum & Gardens	Dads/Male carers and children
	10:30am - 11:00am & 11:00am - 11:30am & 11:30am - 12:00pm	Aquababes	Kingsway Leisure Centre, Widnes	Halton Families with children under 4 years	Discounted Vouchers for Aqua Babes cost £1 and are available from your children's centre reception.
	Various - subject to availability	Play Room, Soft Play and Light Rooms	Halton Lodge / Brook Children's Centre	Parents / Carers / childminders and children 0-5 years	Please call to book your time. Bookings taken one up to one week in advance.

**Halton Brook Children's Centre** Fernhurst, Runcorn, WA7 2NJ Tel. 01928 573265

**Halton Lodge Children's Centre** Grangeway, Runcorn, WA7 5LU Tel. 01928 573107

**Note:** Some sessions have different start dates and we advise you to check before attending. Some activities may have limited places and will be offered on a first come-first served basis.

