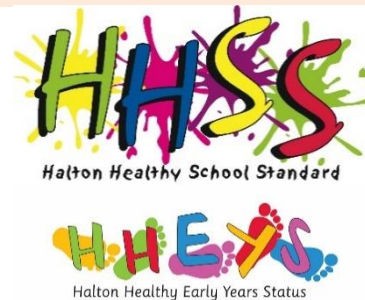


# Healthy School News

October 2019

In partnership : Health Improvement, Sports Development & School Games.

Thanks to all the schools and early years settings who have signed up for Halton Healthy Schools Award and Healthy Early Years Status and are now accessing the Healthy schools multi agency offer. There are still a few schools we have not yet heard from, book your healthy schools visit by emailing [hit@halton.gov.uk](mailto:hit@halton.gov.uk).



## Dates for the Diary

**CYP Brief Lifestyle Intervention Course**  
**27<sup>th</sup> November 9:30 -12:30** supports you to deliver lifestyle health curriculum and strategies when working with parents. CPD accredited course.

2 x Esafety CEOP training on :  
**21<sup>st</sup> January at Halton Lea Library & 29<sup>th</sup> January at Kingsway Library**

For pupils in year 5 and 6 and staff to learn key elements of e-safety & become CEOP Champions within their school.

**Booking is essential**

**SAVE THE DATE** - Healthy schools Celebration event - Wednesday 24<sup>th</sup> June  
Halton Stadium, 9:30 – 11:30 am

The graphic is a promotional poster for 'Fit 4 Life Camp'. It features a green background with white chalk-style text and drawings. At the top left, there's a photo of a group of children and adults cheering. To the right, there's a large, colorful logo that says 'FIT 4 LIFE' with 'GET ENOUGH SLEEP' written below it. The main title 'Fit 4 Life Camp' is written in a large, white, cursive font. Below the title, there's a white box containing the event details: 'OCTOBER HALF TERM', 'Tuesday 29<sup>th</sup> – Thursday 31<sup>st</sup> October 2019', '10 am – 12 noon', and the location 'Community Hub, Upper Level (next to management suite) Community Square, Shopping City Runcorn, WA7 2EU'. At the bottom, there are three small photos showing children participating in activities. The bottom of the graphic features logos for 'active halton', 'HEALTH IMPROVEMENT', and 'HALTON Shopping City'.

Health Improvement [HIT@halton.gov.uk](mailto:HIT@halton.gov.uk)

Sports development [sports.development@halton.gov.uk](mailto:sports.development@halton.gov.uk)

School Games [Joseph.Obiro@halton.gov.uk](mailto:Joseph.Obiro@halton.gov.uk)



“it has been a fantastic half term of Football in the Halton School Games. Both Football leagues have been absolutely amazing and the commitment of schools and children has been amazing to ensuring the success of the competitions, massive well done and congratulations to you all.

The individual competitions have also been amazing, it has been great to see everyone really enjoying their football over the last half term.

The 4 Borough Partnership meeting was a huge success and I hope the teachers who attended took away a lot of good information regarding current agendas and driving sport and physical activity forward over the course of the year!”



## October Half Term

For children 7 years +

### Tuesday 29<sup>th</sup>:

Castlefields Community Centre: 1 – 3pm, Multi Sports  
(Including Soft Archery & Tennis)

### Wednesday 30<sup>th</sup>:

Upton Community centre: 6-8pm, Multi sports  
(Including Table Tennis & Football)

### Thursday 31<sup>st</sup>:

Kingsway Leisure Centre: 1 – 3pm, Table Tennis & Tennis

### Friday 1<sup>st</sup> November:

10 – 12 Football, Frank Myler Pavilion

**All activities are FREE**

[www.activehalton.co.uk](http://www.activehalton.co.uk)

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0151 511 7869



Register online & print your barcode:  
[www.parkrun.org.uk/register](http://www.parkrun.org.uk/register)

Sports Development are pleased to announce that the NEW Junior Parkrun at Phoenix Park is up and running.

The event takes place every Sunday morning at Phoenix Park at 9 am. It is ran by a dedicated team of volunteers.

It is open to all children 4 – 14 years, parents can run with their child however cannot cross the finishing line.

We also have a Junior Parkrun in Victoria Park, Widnes, along with an adult 5k parkrun each Saturday at Victoria Park and Phoenix Park.