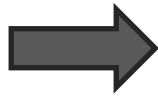
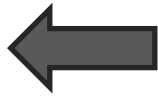


What do our bodies need to stay healthy and function well?

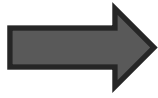
C _ _ _ _ _ s



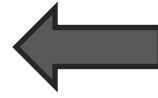
M _ _ _ _ _



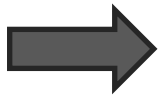
Pr _ _ _ _ _



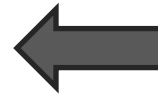
W _ _ _ _ _



F _ _ _ _



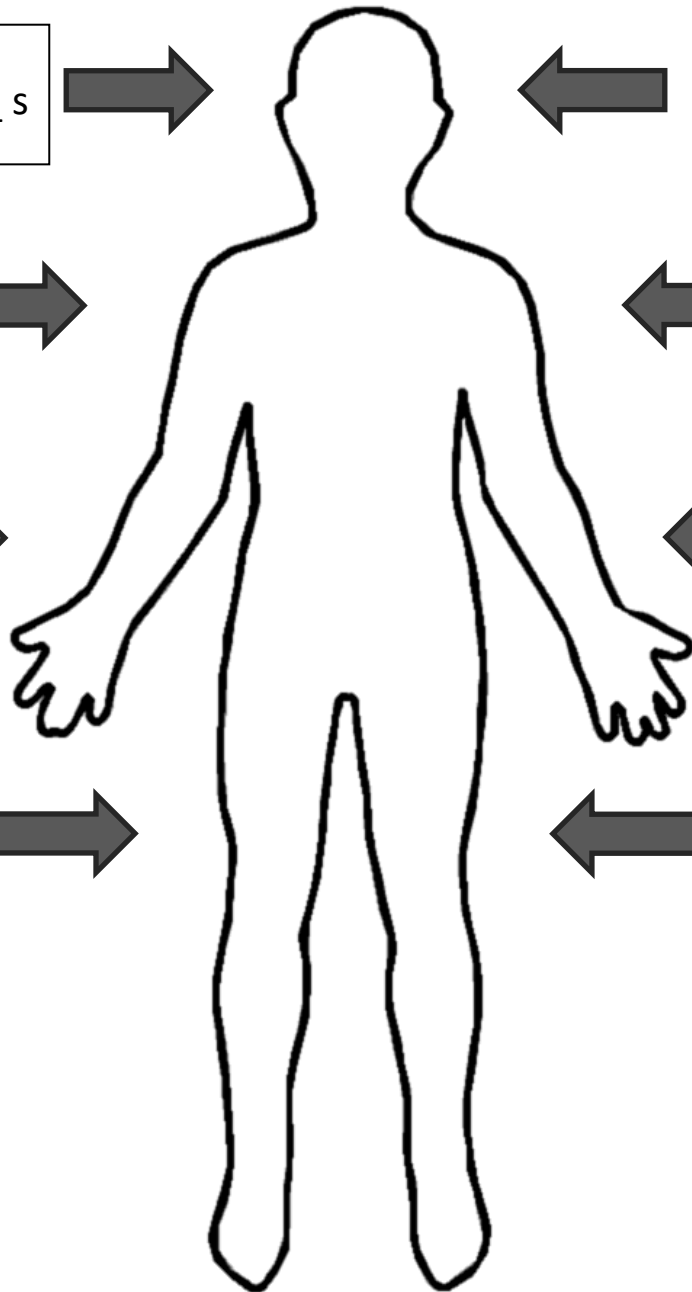
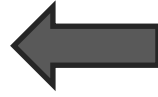
S _ _ _ _ p



V _ _ _ _ _



Ex _ _ _ _ _



Also...