

Warrington Road
& Kingsway



Children's Centres

Ditton & Upton

Children's Centres



Activity Timetable

January - March 2018

Ditton: 0151 420 5482

Upton: 0151 257 2450

Warrington Rd: 0151 424 4686

Kingsway: 0151 511 6222

Our timetables are correct at the time of printing. Some activities may be subject to change, so please check our Facebook pages or ring before attending. Some activities may have limited spaces, these will be offered on a first come first served basis.



Warrington Road
& Kingsway
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Ditton & Upton
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Are you registered? Registration is very quick and easy. It's also FREE! Call in or speak to any member of staff for help with registration.

New to our Services? If you have recently registered or haven't used our centres before and would like to come and have a chat with a team member and a look around our centres, please give us a call. A children's centre worker may also be able to visit you at home. Please call for information.

Sensory Room at Upton, Warrington Road and Kingsway Children's Centre and Soft Play & Play Room at Ditton Children's Centre - bookings are taken daily for these rooms at our centres. Great for rainy days! Please call to arrange your day & time. It's FREE!

Widnes Food Bank - The children's centres may be able to help you access the food bank, which provides emergency food parcels for families in crisis. Contact the centre for further info. Your situation will be dealt with sensitively and confidentially.

Wellbeing Magazine - 'Halton's Children's Centres' online magazine full of information on everything you need to know for a healthy life for you, your baby and your family. Swipe the Q code with your smartphone to see each edition.



**Breast Feeding
welcome at
all activities**



LIKE US ON FACEBOOK - follow your children's centre on Facebook for updates and info direct to your Facebook wall

Ditton: 0151 420 5482

Upton: 0151 257 2450

Warrington Road: 0151 424 4686

Kingsway: 0151 511 6222

Timetable Monday - Wednesday

All 'Drop In' groups will start back on Monday 8th January 2018. For more information pick up a timetable from your local Children's Centre					
Day	Time	Activity	Venue	Suitable for	Notes
EVERY DAY SESSIONS	10:30am - 11:00am & 11:00am - 11:30am & 11:30am - 12:00am	Aqua Babes	Kingsway Leisure Centre	Families with children aged under 5	Splash and Sing. 30 min sessions. Call into your local Children's Centre to collect a ticket. £1 per ticket
	9:00am - 4:00pm	Sensory Room	Warrington Road Children's Centre Upton Children's Centre Kingsway Children's Centre	Family activity	Book on: New users will be asked to complete a basic induction.
	9:00am - 4:00pm	Home safety equipment (Helps)	Upton Children's Centre Kingsway Children's Centre Ditton Children's Centre	Registered families	Drop in: Brand new equipment at cost price or lower
Monday	9:30am - 11:30am	Childminders Group	Ditton Children's Centre	Registered childminders with children up to 4 years	Book on: Registered childminders
	9:30am - 11:30am	Preparation for work	Kingsway Children's Centre	Adults	Book on: 10 week course starting 8th Jan, call 0151 5118416 Crèche available
	9:30am - 11:30am	Sewing Skills	Kingsway Children's Centre	Adults	Book on: 5 week course starting 8th Jan, call 0151 5118416 Crèche available
	9:30am - 11:30am	Managing Money	Kingsway Children's Centre	Adults	Book on: 5 week course starting 19th Feb, call 0151 5118416 Crèche available
	9:30am - 11:30am	Kingsway Parents group	Kingsway Children's Centre	Parents, Carers, Grandparents. Crèche available	Book on
	10:00am - 10:30am 10:45am - 11:15am	Musical Mayhem	Warrington Road Children's Centre	Family activity	Drop in
	10:00am - 11:30am	NHS stop smoking	Upton Community Centre	Anyone who wishes to stop smoking	Drop in: Enrolment for new clients at 10am Sessions last approx. 30/40 mins. Call 0300 0290029 for details.
	1:00pm - 2:00pm	Story time and crafts	Kingsway Children's Centre	Families with children under 4 years	Drop in
	1:00pm - 3:00pm	Child Health Clinic	Warrington Road Children's Centre	Families with children under 4 years	Drop in
	1:30pm - 2:30pm	Baby Talk	Upton Children's Centre	Babies under 1 years	Book on: 5 week programme
	1:30pm - 2:30pm	Tots workout	Ditton Children's Centre	Confident walkers	Drop in
	1:00pm - 2:30pm	Introducing Solid Foods	Upton Children's Centre	Babies who are getting ready for solid foods	Book on: 19th February and 23rd April, call Sophie on 0300 0290029 to book a place
	Tuesday	9:30am - 11:30am	Understanding Stress	Upton Children's Centre	Adult
9:30am - 11:30am		Help your child with English	Warrington Road Children's Centre	Adults	Book on: 5 week course starting 9th Jan, call 0151 5118416. Crèche available
9:30am - 11:20am		Help your child with Maths	Warrington Road Children's Centre	Adults	Book on: 5 week course starting 20th Feb, call 0151 5118416 Crèche available
9:30am - 11:30am		Childminders group	Warrington Road Children's Centre	Registered Childminders with children up to 4 years	Book on: Registered Childminders
10:00am - 11:00am		Mud Kitchen	Upton Children's Centre	Confident walkers	Drop in
10:00am - 11:30am		Baby Massage	Kingsway Children's Centre	Families with babies from birth to 8 months.	Book in: 5 week programme
11:00am - 11:45am		Rhyme Time	Ditton Library	Families with children under 4 years	Drop in: Stories, songs, and rhymes. Come along to the library and join in the fun
12:00pm - 1:00pm		Breast feeding Support Group	Ditton Library	Pregnant and breast feeding mums	Drop in: Friendly breastfeeding advice and support
1:00pm - 2:00pm		Messy Play	Kingsway Children's Centre	Babies aged 6 months to 4 years	Book on: 5 week course
1:00pm - 2:00pm		Baby Stay and Play	Kingsway Children's Centre	Non confident walkers	Drop in
1:30pm - 3:00pm		Stay and Play	Upton Children's Centre	Families with children under 4 years	Drop in: £1.00 per family. Families can only attend one stay and play session per week
1:30pm - 3:00pm		Baby Massage	Warrington Road Children's Centre	Families with babies from birth to 8 months.	Book on: 5 week course
1:30pm - 4:00pm		Child Health Clinic	Ditton Library	Families	Drop in
Wednesday	9:30am - 11:30am	Childminders Group	Upton Children's Centre	Registered childminders with children up to 4 years	Book on: Registered childminders
	9:30am - 11:00am	Child Health Clinic	Upton Children's Centre	Families	Drop in
	10:00am - 11:30am	Stay and Play	Kingsway Children's Centre	Families	Drop in: £1.00 per family. Families can only attend 1 stay and play session per week. Session starts on 17th Jan
	10:00am - 11:30am	Introducing Solid Foods	Warrington Road Children's Centre	Babies who are getting ready for solid foods	24th January and 21st March. Call 0300 0290029 to book a place
	10:00am - 11:30am	Stay and Play	Warrington Road Children's Centre	Families with children under 4 years	Drop in: £1.00 per family. Families can only attend 1 stay and play session per week.
	10:00am - 10:45am	Musical Mayhem	Ditton Children's Centre	Families with children under 4 years	Drop in
	10:00am - 11:30am	West Bank Stay and Play	St Marys Church Hall, West Bank	Families with children under 5 years	Drop in

Timetable Thursday - Friday

All 'Drop In' groups will start back on Monday 8th January 2018. For more information pick up a timetable from your local Children's Centre					
Day	Time	Activity	Venue	Suitable for	Notes
Thursday	9:30am - 11:30am	Confidence through Creativity	Upton Children's Centre	Adults	Book on: 5 week course starting 11th Jan, call 0151 5118416 Crèche available
	9:30am - 11:30am	Musical Activities for Child Development	Upton Children's Centre	Adults	Book on: 5 week course starting 22nd Feb, call 0151 5118416 Crèche available
	9:30am - 11:30am	Adult Literacy	Upton Community Centre	Adults	Book on: 10 week course starting 11th Jan, call 0151 5118416 Crèche available
	9:30am - 11:30am	Childminders Group	Kingsway Children's Centre	Registered Childminders with children under 4 years	Book on: Registered Childminders
	9:30am - 11:30am	Warrington Road Family Group	Warrington Road Children's Centre	Parents, Carers and Grandparents	Drop in: Call Rachel Fielding to enquire about a crèche place on 0151 424 4686.
	9:30am - 11:00am	Lets Get Cooking	Warrington Road Children's Centre	Adults	Book on: 4 week course
	10:00am - 11:30am	Terrific Twos	Ditton Library	Children aged 18 months to 2 1/2 years.	Book on: 10 week course
	1:00pm - 3:00pm	Work Club	Upton Community Centre	Adults	Drop in: Term time only
	1:00pm - 2:00pm	Baby Stay and Play	Upton Children's Centre	Families with babies who are non confident walkers	Drop in: Limited places available
	1:00pm - 2:30pm	Baby Massage	Ditton Library	Families with babies from birth to 8 months.	Book on: 5 week course
	1:30pm - 2:15pm	Musical Mayhem	Kingsway Children's Centre	For families with children under 4 years	Drop in: Limited places available
	1:30pm - 3:00pm	Stay and Play	Ditton Children's Centre	Families with children under 4 years	Drop in: £1.00 per family. Families can only attend one stay and play session per week
	6:00pm - 7:30pm	Antenatal Yoga	Kingsway Children's Centre	Families	Book on: Call 0151 495 5079
	Friday	9:30am - 11:30am	Adult Maths	Ditton Children's Centre	Adults
9:30am - 11:30am		How do Children Learn	Ditton Children's Centre	Adults	Book on: 10 week course starting 12th Jan, call 0151 5118416 Crèche available
9:30am - 11:30am		Employability Skills	Ditton Children's Centre	Adults	Book on: 5 week course starting 23rd Feb, call 0151 5118416 Crèche available
9:30am - 11:30am		Child Health Clinic	Kingsway Children's Centre	Families	Drop in
9:30am - 11:30am		Swap Shop	Kingsway Children's Centre	All	Clothes donations accepted , only clothes for under 5 yrs. please. (shoes/boots, coats, babygrows, nappies, blankets/cot sheets, buggies etc.) if you see anything you like please help yourself.
10:00am - 11:00am		Baby Stay and Play	Warrington Road Children's Centre	Non Confident walkers	Drop in: Places limited
11:00am - 11:45am		Rhyme time	Kingsway Library	Family activity	Drop in: Provided by the library staff
11:30am - 12:30pm		Breastfeeding Support Group	Warrington Road Children's Centre	Pregnant and breastfeeding mums	Drop in
1:00pm - 2:30pm		Baby Massage	Ditton Children's Centre	Families with babies from birth to 8 months.	Book on: 5 week course
1:30pm - 2:30pm		Mini Mad Scientist	Warrington Road Children's Centre	Children aged 2 to 4 years	Book on: 4 week course
1:30pm - 3:30pm		NHS stop smoking	Ditton Community Centre	Adults	Drop in... enrolment for new clients at 1.30 pm. Sessions last approx. 30-45 mins. Call 0300 0290029 for details.

Warrington Road Children's Centre Naylor Road, Widnes, WA8 OBS Tel. 0151 424 4686

Kingsway Children's Centre Victoria Road, Widnes, WA8 7QY Tel. 0151 511 6222

Ditton Children's Centre Dundalk Road, Widnes, WA8 8DF Tel. 0151 420 5482

Upton Children's Centre Hough Green Road, Widnes, WA8 4PG Tel. 0151 257 2450

Note: all sessions that are book on, places will be allocated the week before unless otherwise advised. Please ring to book a provisional place. Activities may be subject to weather and changes may be made at short notice.

